



Lunch Menu Week Commencing 11 September

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Pesto Gnocchi G, D	Chicken Teriyaki	Veggie Sausages G	Spiced Lamb	Seafood Burger F, E, G
Main 2 (Veggie and Vegan)	Creamy Tomato Pasta G, D	Jackfruit Cutlets with Tamarind Sauce G, E	Vegan Sausages G	Spiced Chickpeas	5 Bean Burgers E, G
Accompaniment		Sticky Rice	Mash Potato	Lemon Couscous G	Chips
Vegetable Additions	Roasted Broccoli	Stir Fry Veggies	Garlicky Green Beans	Carrot and Coriander Salad	Tomato and Lettuce Salad
Additions	Garlic Focaccia G	Homemade Chilli Sauce	Onion Gravy G	Hummus	Homemade Ketchup, Herby Aioli E
Dessert	Chocolate Cake Fruit E	Yogurt and Honey D Fruit	Coconut Cake Fruit E, G	Yogurt and Honey D Fruit	Fruit

Allergens: D = Dairy E = Egg F = Fish G = Gluten Su = Sulphate P = Pork K = Kiwi T = Tomato S = Sesame

Main 1	Spicy Tomato and Basil Noodles G	Ruby Chicken Curry	Vegetable Lasagne G, D	Beef Rendang Meatballs	Fry Catch of the Day F
Main 2 (Veggie and Vegan)	Mie Goreng (Indonesian Fry Noodles) G,S	Vegetable Curry	Vegan Lasagne G, D	Vegetable Rendang	Veggie Nuggets
Accompaniment		Aromatic Rice		Brown Rice	Patatas Bravas
Vegetable Additions	Sugar Snaps	Cucumber Salad	Garlicky Green Beans	Edamame Beans	Peas and Mint
Additions	Homemade Chilli Sauce	Mango Chutney Flat Bread G	Brown Bread G	Homemade Chilli Sauce	Spicy Aioli E
Dessert	Lemon and Raspberry Cake E,G Fruit	Fruit	Cinnamon Doughnuts G Fruit	Yogurt and Honey D Fruit	Yogurt and Honey Fruit



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