

## Travel to



Highgate Primary School & Blanche Nevile  
Storey Road  
Highgate N6 4ED  
Tel 020 8340 7023



**Haringey**  
LONDON

**Highgate Primary School &  
Blanche Nevile School  
Street**



**8.30-9.30am & 3-4pm  
Monday to Friday  
Term time only**



**SMARTER  
TRAVEL**

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[www.haringey.gov.uk/smartertravel](http://www.haringey.gov.uk/smartertravel)

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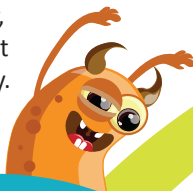
## Our School

Our school is working with Haringey Council to help You Think about Your Journey to School!

We are encouraging families to try to walk, scoot, or cycle as much as possible.

If we all try to leave our cars at home, we can reduce the traffic around our streets, improve our air quality, and improve our health and wellbeing.

You can use this Walking Zone Map to help you plan your new active travel route to school. You might be able to discover some quieter, safer streets, or meet a friend on the way.

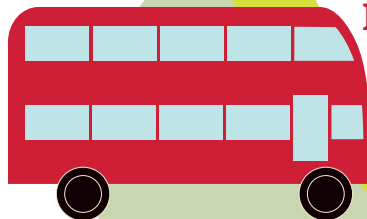


We are a **STARS** school! Inspiring everyone to think differently about travel and its impact on our health, well-being and the environment.

You can find out about our accreditation on the **TfL STARS** website. There are also road safety and active travel activities for all plus national competitions and home learning resources.

Haringey is a top STARS borough and we hope you will join us in our future campaigns and competitions!

[www.stars.tfl.gov.uk](http://www.stars.tfl.gov.uk)



## Public Transport

Public Transport is another good alternative to using a car. You can combine it with active travel, by getting off one stop earlier and walking the rest of your journey.

Public transport is better for the environment too! If you take the bus instead of the car, there will be fewer vehicles on the streets at the busiest times of the day. Less vehicles helps to improve local air quality.



## Did you know?

**You are exposed to much less air pollution when walking or cycling than when riding in a car!**

## Why Active Travel?

Actively travelling to school is quicker than you think, it's more fun than a car trip: Helping you reach your daily goal of 60 minutes of exercise and helps you to concentrate better at school. Walking, scooting or cycling your journey to school encourages you to learn about your local streets, improves your road safety awareness, and helps you become confident to travel independently. With all forms of active travel, we need to be safe. Remember to **STOP, LOOK, LISTEN AND THINK!** about traffic before you cross the street.

## Walking

Walking is simple, free and great exercise! You can chat to friends and family on your journey and tell them about your day.

## Cycling and Scooting

Cycling and scooting to school are not only fun, but can help to improve co-ordination, motor skills and balance!

Need a Bike? **Peddle My Wheels** offer new or used bikes at low monthly cost, to all Haringey residents. In their Try Before You Bike scheme, you can try/buy a bike for just £10-20 per month. [www.peddlemywheels.com](http://www.peddlemywheels.com).

## Learn to Ride!

Haringey Council offer free cycle skills sessions to individuals and groups. To book a family session, please visit our training provider's website: [www.cycleconfident.com/sponsors/haringey](http://www.cycleconfident.com/sponsors/haringey) or call 020 3031 6730.



## Using This Map

- Did you know that 85% of Haringey's children live within a mile of their school: quicker to walk, cycle or scoot than drive! Can you find your road on this map?
- Is there a quicker, safe walking route to school?

If you need to drive, please find a place 10 minutes walk from school where you can park safely; then walk the rest of your journey. This helps achieve your daily active mile & reduce the number of cars coming to the school.



**Did you know?  
It only takes  
20 minutes to  
walk 1 mile,  
or 6 minutes  
to cycle!**



