

Autumn 1 Masks and Minotaurs	Spring 2 Flight	Summer 1 Away from Home	Summer 2 Active Planet
<p>Spanakopita and tzaziki</p> <ul style="list-style-type: none"> Follow a recipe to make Spanakopita and tzaziki Follow detailed instructions to form correct shape Choose the appropriate equipment and methods to prepare a dish from another culture Work with difficult to manage ingredients (fillo pastry) Slicing, chopping, peeling Comment on flavour, texture and consistency 	<p>Vege birds nest</p> <ul style="list-style-type: none"> Follow a recipe to make vegetarian birds nest To choose the appropriate equipment for preparing vegetables To understand how texture plays an important part in enjoyment of food Grating, peeling, baking Comment on success against criteria 	<p>Carrot biscuits</p> <ul style="list-style-type: none"> To bake cakes/biscuits using a range of wartime vegetables, with rationed ingredients To follow recipe for basic carrot biscuit To adapt recipe for a specific purpose To follow safe procedures for food safety and hygiene Grating, baking Comment on flavour, texture and consistency 	<p>Cooking: fruit jelly/panna cotta</p> <ul style="list-style-type: none"> Follow a recipe to make fruit jelly or panna cotta Understand how Agar alters a liquid at room temperature Mixing ingredients Comment on flavour, texture and consistency