

Autumn 1 The Animal Kingdom	Autumn 2 The Great Fire of London	Spring 1 Making Things Move	Spring 2 The circus	Summer 1 Growing up	Summer 2 Beside the Seaside
<p><b>Dance</b></p> <ul style="list-style-type: none"> <li>To create interesting shapes with a partner.</li> <li>To copy, create and perform actions in response to the stimulus.</li> <li>To explore space and simple movement patterns</li> </ul> <p><b>Ball Skills</b></p> <ul style="list-style-type: none"> <li>To be able to roll a ball to hit a target.</li> <li>To develop co-ordination and be able to stop a rolling ball.</li> <li>To be able to develop technique and control when dribbling a ball with your feet.</li> <li>To develop control and technique when kicking a ball.</li> <li>To develop co-ordination and technique when throwing and catching.</li> </ul>	<p><b>Invasion</b></p> <ul style="list-style-type: none"> <li>To move into space showing an awareness of defenders.</li> <li>To develop passing to a teammate with your feet.</li> <li>To develop dribbling towards a goal.</li> </ul> <p><b>Team Building</b></p> <ul style="list-style-type: none"> <li>To communicate effectively and develop trust.</li> </ul>	<p><b>Gymnastics</b></p> <ul style="list-style-type: none"> <li>To perform gymnastic shapes and link them together.</li> <li>To explore travelling actions, directions and levels.</li> <li>To demonstrate different shapes, take off and landings when performing jumps. To be able to link travelling actions and balances using apparatus.</li> <li>To develop rolling and sequence building.</li> </ul> <p><b>Invasion</b></p> <ul style="list-style-type: none"> <li>To move into space showing an awareness of defenders.</li> <li>To develop passing to a teammate with your feet.</li> <li>To develop dribbling towards a goal.</li> </ul>	<p><b>Circus</b></p> <ul style="list-style-type: none"> <li>Develop balancing skills</li> <li>Develop coordination using juggling balls and diablo</li> <li>Perform a circus routine to include a sequence of rolls and movements</li> </ul> <p><b>Net and Wall</b></p> <ul style="list-style-type: none"> <li>To defend space, using the ready position.</li> <li>To develop control when handling a racket.</li> <li>To develop sending a ball using a racket.</li> <li>To develop hitting over a net.</li> </ul>	<p><b>Fitness</b></p> <ul style="list-style-type: none"> <li>To understand how to run for longer periods of time without stopping.</li> <li>To develop co-ordination through hula hoop skills.</li> <li>To develop individual skipping.</li> <li>To develop 'ABC,' agility, balance and co-ordination.</li> </ul> <p><b>Athletics</b></p> <ul style="list-style-type: none"> <li>To develop the sprinting action.</li> <li>To develop rhythm and balance in running over obstacles.</li> <li>To develop agility and co-ordination.</li> <li>To develop throwing for distance and accuracy.</li> </ul>	<p><b>Yoga</b></p> <ul style="list-style-type: none"> <li>To develop strength and co-ordination in yoga poses.</li> <li>To show balance, control and co-ordination in yoga poses.</li> </ul> <p><b>Striking and Fielding</b></p> <ul style="list-style-type: none"> <li>To develop accuracy in underarm throwing and consistency in catching.</li> <li>To develop overarm throwing.</li> <li>To develop striking a ball with my hand and equipment.</li> </ul>