

Autumn 1 Pendarren	Autumn 2 Our Island History	Spring 1 The Human Body	Spring 2 The Swinging 60s	Summer 1 The First Emperor of China	Summer 2 What a Performance!
<ul style="list-style-type: none"> • To build upon knowledge of different types of relationships and the skills needed to maintain that these are effective. • To explore safe and respectful relationships, values in relationships and attitudes around gender stereotyping and sexuality 	<ul style="list-style-type: none"> • To be aware of who turn to in instances of witnessing domestic violence (covered by NSPCC Speak Out Stay Safe programme and Whisper Me Softly interactive workshop) 	<ul style="list-style-type: none"> • To understand the basic rules for health and safety, basic emergency first aid procedures and where to get help • To build upon knowledge that during puberty their emotions change, how to deal with their feelings and who to turn to if necessary • To have an awareness of issues relating to sexting, grooming and pornography • To be aware of FGM and who to talk to if they have any concerns about themselves / others 	<ul style="list-style-type: none"> • To know the legal and illegal substances that are commonly available, their effects and risks • Know what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships • Understand how a baby is made and grows (conception and pregnancy), within the context of a loving relationship. • Understand that civil partnerships and marriage are examples of stable, loving relationships and a public demonstration of commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment • About roles and responsibilities of carers and parents • To answer each other's questions about sex and relationships with confidence, where to find 	<ul style="list-style-type: none"> • Pupils learn about the stigma and discrimination that can surround mental health • Recognise that stigma and discrimination of people living with mental health problems can and does exist and understand the negative effect that this can have • know what can help to have a more positive effect (and therefore reduce stigma and discrimination) 	<ul style="list-style-type: none"> • To develop understanding of what is appropriate physical contact • To recognise the different risks in different situations and deciding how to behave responsibly • To have a good understanding of road safety and the increased risk associated with children in Year 7 • To understand that pressure to behave in an unacceptable, or risky, way can come from a variety of sources, including people that they may know, how to ask for help and use basic techniques for resisting the pressure to do wrong • To identify risks, and risky behaviour, and explore ways of resisting to peer pressure (in the context of influential groups, gangs, knives and drugs) • To identify risks, and risky behaviour, and explore ways of resisting to peer pressure (in the context of influential groups, gangs, knives and drugs)

			<p>support and advice when they need it</p> <ul style="list-style-type: none">• Understand some myths and misconceptions about HIV, who it affects and how it is transmitted• About how the risk of HIV can be reduced (Nkosi Johnson)• That contraception can be used to stop a baby from being conceive		
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