Relationships and Sex Education Health and Wellbeing Living in a wider world Personal Safety

Autumn I Masks and Minotaurs	Autumn 2 Sound and Vision	Spring I Londinium	Spring 2 Flight	Summer I Away from Home
 To understand what it means to live in a democratic society To further build upon knowledge of human rights and responsibilities To understand why and how laws are made or enforced Understand what democracy is and about the basic institutions that support it locally and nationally Understand importance of personal hygiene Understand what puberty is and what age it may start/end 	To explore the ways in which media present information	Understand that bacteria and viruses can affect health, yet by following simple, safe routines they can reduce their spread	To reflect on what makes a healthy lifestyle, including the benefits of exercise and healthy eating, what affects mental health and how to make informed choices	 To remember that there are different kinds of responsibilities, rights and duties at home, at school, in society and these can conflict with each other at times To discuss the use of propaganda today and further consider the ways in which the media communicate information To look after their money and realise that future wants and needs may be met by saving Understand how to respond when they feel uncomfortable about something that is happening to them and who they can talk to.